

What I Believe ...



Silvio

Silvio's Sayings and Beliefs

A Collection of Guidelines for Living

The following are sayings I've collected (or in some cases coined) throughout my life. Unfortunately, I didn't keep track of their origins. My intent is not to take credit for them, but rather to acknowledge the truth I see in them and the consequent effect they have had on my life and share them with you.

I also recognize that there are exceptions to most of them, but, as a rule, they are good guidelines for living.

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Table of Contents

LIFE	1
HAPPINESS.....	3
GOD	5
MISC.....	8

Life

Personal responsibility is the cheapest price to pay for freedom.

Never ask "Why me?" The answers you will receive will add weight to your burden. A better question to ask is "Why not me?"

Ego has an insatiable appetite. The more you feed it the larger it will grow and soon nothing can destroy it and it will eventually destroy you.

It can be more difficult to please one's family than it is a total stranger.

Experience is a teacher, but the choice is ours whether to learn from other's experience (known as formal education) or choose to suffer the experience personally. A formal education is much cheaper regardless of cost. The other can be more fun.

Attitude can bring joy in times of need and pain in times of plenty. A person is fortunate to experience an attitude which will bring him joy in most seasons. Attitude therefore is important.

Good Judgment comes from experience. Unfortunately experience often comes from using bad judgment.

Enjoy everything in moderation including moderation.

Happiness

Try never to let reality spoil your day.

Happiness is the difference between what we expect and what we get.

There will come a time in your life when all you will have left is that which you gave away.

Give:

- Happiness to get happiness
- Joy to retain joy,
- Laughter to retain happiness,
- Love to enjoy love,
- Companionship to enjoy companionship,
- Of yourself to enjoy others

Never let another person's action make you unhappy.
That is their problem.

No one can make you unhappy without your permission.

God

It is as much a sin to take offense as it is to give it.

It is **healthy** to question God's existence provided you never stop searching for truth.

Man has done good and done evil in the name of religion. God should be credited with the good and man should shoulder the blame for the evil.

The objective of the **Commandments** is not to restrict pleasure, but rather to give lasting joy to your life.

An individual's sincerity towards toward his belief's does not contribute a shred of evidence to the *right* of the cause.

Fundamental religion can be a barrier for experiencing the totality of God's existence.

Fundamentalists deny the existence of belief's other than their own, including the rights of other fundamentalists.

Reality without the consciousness of an inner spirit to deal with it is a personal handicap.

An inner spirit which is out of touch with reality is equally a personal handicap.

Atheists blame Believers for evils, but are slow to credit Believers for good.

If your religion needs you to defend it, how strong is your God?

Anyone who can not see the product of a superior being is in a state of denial.

If I am having a problem communicating with my brother today how can I understand all that God tried to communicate thousands of years ago.

Man can take any position and with enough research justify it to all except his inner being.

The fear of God is the beginning of all knowledge.
The love of God is the source of all peace.

God is. God also was and will continue to be Even after me.

God remains whether we believe or don't.

Misc.

Ego has an insatiable appetite. The more you feed it the larger it will grow and soon nothing can destroy it and it will eventually destroy you..

Some people retire to the bedroom for peace of mind. I go to the kitchen and cook.

Government is a wonderful instrument for raising money. It doesn't do as well in spending it wisely.

Knowledge without dedication to use it for the benefit of others is a form of ignorance.

Profit should be a reward which society provides individuals who combine capital, resources and ideas for the benefit of mankind.

There is a gap between impulse and response. What we are thinking during this gap creates our reaction.

Examples of my beliefs:

- If you lie to others, whom will you ever believe?
- If you take from others, what security can you ever enjoy?
- If you covet other's property, won't you suspect all of coveting yours?
- Is the tiny Acorn part of the mighty oak? If the tree falls and the acorn lives, can we truly say the tree has died.?
- If you choose to clone yourself, why not have children?

What is the most effective method of communication? Is it to broadcast not knowing if you are being heard, or is it to elicit response and measure the message?

These thoughts have helped me on my life journey.
I hope they help you with yours.

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